

# WHAT TO BRING

## YOUR BAG

- \* Check for weather updates
- \* Three layers of warm clothing minimum (thermal, shirt, woollen jersey and/or polar fleece)
- \* Waterproof and wind-proof jacket and trousers
- \* Hat and warm, waterproof gloves/mittens and ski socks
- \* Sunscreen and sunglasses/goggles Skis/ Snowboard/ Boots/ Poles (if you have them)
- \* Spare dry clothes and sturdy shoes/boots

## YOUR CAR

- \* Check chain requirements and that you have the right chains for your car
- \* Bottled water
- \* Snacks
- \* Skis/ Snowboard/ Boots/ Poles (if you have them)